

# Breaking down barriers

## Violence and Abuse

Violence affects patients of all ages, and it doesn't just impact them physically. It can also have long-term emotional effects, such as depression, mental health disorders, suicide attempts, chronic pain syndromes and more.<sup>1</sup> In addition, violence not only affects the victims themselves, but also their families, friends, neighbors and communities as a whole.<sup>2</sup>

### Did you know?



**1.4M**  
people globally  
lose their lives to  
violence each year<sup>1</sup>

Interpersonal violence increases susceptibility to **emotional, behavioral and physical health problems**<sup>3</sup>



**1/4** Men



**1/3** Women

**10%**  
of  
**60+**



year-olds have experienced abuse of some form<sup>5</sup>

### Survivors of elder abuse<sup>5</sup>

- Higher rates of **depression, hospitalization** and **institutionalization**
- **3x** more likely to die prematurely

.....  
have been in abusive relationships<sup>4</sup>

.....  
Low social support increases the risk of all forms of elder abuse<sup>6</sup>



.....  
Nearly **50%**  
of dementia patients experience some type of abuse<sup>6</sup>



# Five things you can do to help



## Know the facts

Take time to **understand** how violence can impact patients of all ages.



## Recognize the signs

Learn the **red flags** of abuse and how and when to report it.



## Be an advocate

Get involved in elder abuse prevention efforts through the **National Center on Elder Abuse**.



## Guide to resources

Get familiar with local resources available and connect patients with **national resource centers**.



## Share the knowledge

Educate others by sharing **12 things everyone can to do** to help prevent elder abuse.

**For more resources visit [CareAllies.com](https://www.careallies.com).**

1. <https://www.who.int/features/factfiles/violence/en/>
2. <https://www.womenshealth.gov/relationships-and-safety/effects-violence-against-women>
3. <https://www.ncbi.nlm.nih.gov/books/NBK525208/>
4. <https://www.psychologytoday.com/us/blog/when-your-adult-child-breaks-your-heart/201510/5-facts-everyone-must-know-about-domestic>
5. <https://acl.gov/news-and-events/acl-blog/elder-abuse-public-health-issue-affects-all-us-0>
6. <https://ncea.acl.gov/What-We-Do/Research/Statistics-and-Data.aspx>

