Breaking down barriers

Going beyond clinical care to address underlying barriers to patient health.

You know there’s more to your patients’ overall well-being than their physical health. But, there’s also more to addressing their overall well-being than the choices they make and the clinical care you provide. Social determinants of health – the conditions of the environment in which patients are born, live, learn, work, play and worship – play a key role in their ability to get and stay well.¹
Factors other than clinical care can account for over **80%** of health outcomes.²

- **47%** Social and economic factors
- **3%** Physical environment
- **34%** Health behaviors
- **16%** Clinical care

See the impact on a seemingly simple health behavior, such as taking a prescribed medication.

**POTENTIAL BARRIERS**

- Patient
- Transportation to pharmacy
- Understanding instructions
- Financial hardship
- Prescribed medication

Despite the significant impact on health behaviors and outcomes:

- Only **15%** of physician practices are screening patients for key social needs.³
How are you addressing social determinants of health among your patients?

By identifying and understanding these challenges among your patients, you can provide a deeper level of support to guide them to better health. CareAllies is here to help.

**Click the links below for more information and tips on ways to help.**

3. [https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2751390](https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2751390)

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**ECONOMIC STABILITY**
- Employment
- Food insecurity
- Housing instability
- Poverty

**EDUCATION**
- Enrollment in education
- Language and literacy

**SOCIAL & COMMUNITY CONTEXT**
- Discrimination
- Social isolation
- Safety

**HEALTH & HEALTH CARE**
- Access to health care
- Health literacy

**NEIGHBORHOOD & BUILT ENVIRONMENT**
- Access to foods that support healthy eating patterns
- Environmental conditions and housing

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For more resources, visit CareAllies.com.